

# Suprep PREP for Colonoscopy

ARRANGE FOR A DRIVER TO REMAIN AT THE FACILITY DURING YOUR ENTIRE VISIT.  
 PICK UP GOLYTELY PRESCRIPTION FROM THE PHARMACY YOU REQUESTED  
 Ensure you are drinking **8 glasses of water EVERY DAY** to stay HYDRATED

## (248)625-4055



All Facility times are tentative. The facility reserves the right to change times based on medical necessity and availability.

7 DAYS PRIOR	3 DAYS PRIOR	DAY BEFORE	DAY OF
<p><b><u>STOP TAKING</u></b></p> <p>Iron                      Fish Oil                      Herbal Supplements</p> <p><b><u>If YOU are DIABETIC</u></b></p> <p>Ask your healthcare provider for diet and medication instructions.</p> <p><b><u>*If YOU take a Blood Thinner</u></b></p> <p>Plavix/Clopidogrel                      Brilinta                      Pradaxa                      Warfarin/Coumadin                      Eliquis                      Xarelto</p> <p>Ask your healthcare provider for specific instructions*</p>	<p><b><u>STOP EATING</u></b></p> <p>NUTS                      SEEDS                      CORN                      POPCORN                      CUCUMBERS                      TOMATOES                      STRAWBERRIES</p> <p><b>CONFIRM YOUR RIDE</b></p> <p><b>LAST CHANCE TO CANCEL OR RESCHEDULE YOUR PROCEDURE.</b></p> <p>If you miss your appointment you will be subject to a \$75 Cancellation fee.</p> <p><b>Plan for your CLEAR LIQUID DIET</b></p> <p>Avoid NSAIDS or ASPIRIN- like Products                      You <u>can</u> continue 81mg Aspirin</p>	<p><b>*PLEASE HOLD ACE INHIBITORS &amp; ANGIOTENSIN RECEPTOR BLOCKERS 24 Hours Prior to SCOPE</b></p> <p><b>CLEAR LIQUID DIET ALL DAY</b></p> <p>Water, APPLE JUICE, Popsicles, Tea                      black coffee, Gatorade, Pedialyte,                      Carbonated soft drinks fruit juices (no pulp)  <i>*broth or bouillon, *Jell-o</i>                      (*must stop consuming at 10pm)</p> <p><b>AVOID ANYTHING RED, BLUE OR PURPLE IN COLOR</b></p> <p><b>Do NOT drink MILK or CREAMER</b></p> <p><b>At 7:00pm</b></p> <p><b>Begin drinking the FIRST Bottle of the Suprep Solution mixed with 10 oz. of water using the cup provided. DRINK an additional 32 oz. of water</b></p>	<p><b>6 hours before your appointment</b></p> <p>Begin drinking the <b>SECOND</b> bottle of the Suprep Solutions mixed with 10 oz. of water using the cup provided. <b>DRINK</b> an additional 32. Oz of water.</p> <p><b>At this time you may take any necessary morning medication with 4 oz of water.</b></p> <p><b>NOTHING more by mouth</b></p> <p>Your stool should be clear yellow to be ready for the exam.</p> <p>Arrive at the surgery center at the time given to you by the surgery center, wearing comfortable clothing.</p> <p><b>Bring your ID and INSURANCE CARD</b></p>

There are circumstances when a screening colonoscopy becomes a diagnostic colonoscopy **during** the procedure. These circumstances could be, but are not limited to the following: a biopsy being taken or a polyp being removed. We encourage you to contact your insurance company so that you are aware of your financial responsibilities for whichever service ends up being performed: a **screening** colonoscopy or **diagnostic** colonoscopy.