

Current Medications and Vitamins/supplements:

Do you have any of the following diseases?

Other: _____

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart disease | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> High cholesterol |
| <input type="checkbox"/> Atrial fibrillation | <input type="checkbox"/> Heart failure | <input type="checkbox"/> Endocarditis | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Asthma | <input type="checkbox"/> Recent infection | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> GERD / Reflux | <input type="checkbox"/> Barrett's esophagus | <input type="checkbox"/> Diverticulosis | <input type="checkbox"/> Abnormal liver tests |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Crohn's disease | <input type="checkbox"/> Ulcerative colitis | <input type="checkbox"/> Irritable bowel |

What surgeries did you have in the past?

Stents put in the heart in year _____

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Gallbladder removed | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Prostatectomy | <input type="checkbox"/> Colon resection |
| <input type="checkbox"/> Valve replacement | <input type="checkbox"/> CABG/ Heart bypass | <input type="checkbox"/> AICD / defibrillator | <input type="checkbox"/> Other: |

Are you CURRENTLY experiencing any of these symptoms?

- | | | | |
|---|---|--|--|
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Abdominal pain |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Choking on food | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Bloating |
| <input type="checkbox"/> Blood in stool | <input type="checkbox"/> Trouble swallowing | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Unexplained Weight loss |
| <input type="checkbox"/> Change in bowel habits | <input type="checkbox"/> Food getting stuck | <input type="checkbox"/> Seizures | |

**If any are checked,
please provide more
information in the
space provided.**

Do you smoke?

No

Yes

How often do you consume alcohol?