**GOLYTELY PREP for Colonoscopy**

Arrange for a driver to remain at the facility during your entire visit.

Pick up Golytely prescription from the pharmacy you requested.

Ensure you are drinking **8 glasses** of water EVERY DAY to stay HYDRATED.

**Contact** (248) 625-4055

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### 7 DAYS PRIOR

**STOP TAKING**
- Iron
- Fish Oil
- Herbal Supplements

**STOP EATING**
- Nuts
- Seeds
- Corn
- Popcorn
- Small seeded fruits/vegetables

**CONFIRM YOUR RIDE**

**LAST CHANCE TO CANCEL OR RESCHEDULE YOUR PROCEDURE.**

If you miss your appointment you will be subject to a $75 Cancellation fee.

Plan for your CLEAR LIQUID DIET ALL DAY

- Water
- broth or bouillon
- black coffee
- Tea
- Gatorade
- Pedialyte
- Jell-o
- Popsicles
- fruit juices WITHOUT pulp
- Carbonated soft drinks

**AVOID ANYTHING RED, BLUE OR PURPLE IN COLOR**

Do NOT drink MILK or CREAMER

At **7:00pm**

**Begin drinking the FIRST HALF of the Golytely Solution.**

Drink 8 oz every 15 minutes until you have finished the 1st half.

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### 3 DAYS PRIOR

**If YOU are DIABETIC**

Ask your healthcare provider for diet and medication instructions.

**If YOU take a Blood Thinner**
- Plavix/Clopidogrel
- Brilinta
- Pradaxa
- Warfarin/Coumadin
- Eliquis
- Xarelto

Ask your healthcare provider for specific instructions*

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### DAY BEFORE

**PLEASE HOLD ACE INHIBITORS & ANGIOTENSIN RECEPTOR BLOCKERS 24 Hours Prior to SCOPE**

**CLEAR LIQUID DIET ALL DAY**

**6 hours before your appointment**

Drink the remaining amount of your laxative solution.

At this time you may take any necessary morning medication with 4 oz of water.

**4 hours before your appointment**

NOTHING by mouth

Your stool should be clear yellow to be ready for the exam.

**Arrive at the surgery center at the time given to you by the surgery center, wearing comfortable clothing.**

**Bring your ID and INSURANCE CARD**

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There are circumstances when a screening colonoscopy becomes a diagnostic colonoscopy during the procedure. These circumstances could be, but are not limited to the following: a biopsy being taken or a polyp being removed. We encourage you to contact your insurance company so that you are aware of your financial responsibilities for whichever service ends up being performed: a screening colonoscopy or diagnostic colonoscopy.