



ERCPC (Endoscopic Retrograde Cholangiopancreatography)

INSTRUCTIONS

Name _____

You are scheduled for ERCPC with Dr _____

Location: _____

Date ____ / ____ . **Arrival time** ____ :

THE DAY OF THE ERCPC:

◆ DO NOT EAT OR DRINK AFTER MIDNIGHT

- ◆ No chewing gum, hard candy or chewing tobacco at least 4 hours before procedure.
- ◆ Take your blood pressure and heart medications at 5 am with a small sip of water. For any other medications, please consult your physician for special instructions.

◆ You must have a friend or family member stay with you during the ERCPC and drive you home afterwards.

- ◆ Plan to be with us for a total of 3-5 hours. When you arrive, you will need to complete your paperwork, and then change into a patient gown. The nursing staff will perform a brief assessment, place an iv, and take you into the ERCPC room where you will be sedated and undergo the ERCPC. The ERCPC itself takes 30-90 minutes.
- ◆ The anesthesiologist will discuss with you before the procedure about the type of anesthesia you will receive. Some patients need to have a breathing tube placed during the procedure to protect the airway.
- ◆ During the procedure you will lay on your abdomen. We usually turn you on your abdomen only after you are asleep. Please let us know if you have any contraindication to laying flat on your abdomen.
- ◆ After the ERCPC, you will rest in the recovery area while the sedative wears off. The doctor will discuss with you/your companion the findings of the ERCPC and the recommendations. Due to the sedation, you may not remember your conversation with the doctor after ERCPC. If you have questions, you can call our office at a later time.

◆ By law, you cannot drive the day of the ERCPC if you received anesthesia. We advise you to take the entire day off work.

- ◆ If biopsies were taken, please call our office (248.442.0800 or 248.625.4055) for biopsy results 2 weeks after the ERCPC.

◆ PLEASE READ NEXT PAGE

THE WEEK BEFORE ERCP:

- ◆ 7 days before ERCP stop **Plavix (Clopidogrel)**, **Effient (Prasugrel)**, **Iron, Fish Oil**, and **all herbal supplements**. Restart after ERCP, unless instructed otherwise by your doctor.
- ◆ 5 days before ERCP: stop **ASPIRIN**; stop **Brilinta (Ticagrelor)**; stop **Coumadin (Warfarin)**; resume in the evening after ERCP, unless told otherwise. Some patients need to replace the Coumadin with blood-thinner injections for approximately one week. Please discuss the changes in Coumadin regimen with your family doctor or with Coumadin Clinic
- ◆ 3 days before ERCP stop **Pradaxa (Dabigatran)** or **Xarelto (Rivaroxaban)**; resume the day after ERCP, unless told otherwise.
- ◆ 2 days prior to ERCP stop **NSAIDs** or aspirin-like products (Motrin, Aleve, Advil, Naprosyn etc). You can use plain Tylenol for pain, if needed.
- ◆ **If you are diabetic**, please discuss the change in your medications during the preparation for ERCP with your doctor.
- ◆ In order to understand your financial obligations, please check with your insurance carrier if “ERCP” is a covered benefit.

3 DAYS BEFORE ERCP

- ◆ Review and plan dietary needs for the next 2 days
- ◆ Confirm your ride
- ◆ Last chance to cancel or reschedule. If you miss a scheduled ERCP without notifying our office 72 h in advance, you will be charged a NO SHOW fee of 75\$.

◆ **IF YOU HAVE ANY QUESTIONS PLEASE CONTACT OUR OFFICE AT 248.442.0800 or 248.625.4055**