

EGD (EsophagoGastroDuodenoscopy) INSTRUCTIONS

Endoscopic Solutions P.C.

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Name _____

You are scheduled for EGD with Dr _____

Location: _____

Date ____ / ____ . Arrival time ____ :

THE DAY OF THE EGD:

- ◆ DO NOT EAT OR DRINK AFTER MIDNIGHT
- ◆ No chewing gum, hard candy or chewing tobacco at least 4 hours before procedure.
- ◆ Take your blood pressure and heart medications at 5 am with a small sip of water. For any other medications, please consult your physician for special instructions.

◆ **You must have a friend or family member stay with you during the EGD and drive you home afterwards.**

- ◆ Plan to be with us for a total of 2-3 hours. When you arrive, you will need to complete your paperwork, and then change into a patient gown. The nursing staff will perform a brief assessment, place an iv, and take you into the EGD room where you will be sedated and undergo the EGD. The EGD itself takes 15-30 minutes.
- ◆ After the EGD, you will rest in the recovery area while the sedative wears off. The doctor will discuss with you/your companion the findings of the EGD and the recommendations. Due to the sedation, you may not remember your conversation with the doctor after EGD. If you have questions, you can call our office at a later time.

◆ **By law, you cannot drive the day of the EGD if you received anesthesia. We advise you to take the entire day off work.**

- ◆ If biopsies were taken, please call our office at 248-625-4055 for biopsy results 2 weeks after the EGD.

◆ **PLEASE READ NEXT PAGE**

THE WEEK BEFORE EGD:

- ◆ It is OK to continue a baby Aspirin (81 mg)
- ◆ 7 days before EGD stop **Plavix (Clopidogrel)**, **Effient** (Prasugrel), **Iron, Fish Oil**, and **all herbal supplements**. Restart after EGD, unless instructed otherwise by your doctor.
- ◆ 5 days before EGD: stop **Brilinta (Ticagrelor)**; stop **Coumadin (Warfarin)**; resume in the evening after EGD, unless told otherwise. Some patients need to replace the Coumadin with blood-thinner injections for approximately one week. Please discuss the changes in Coumadin regimen with your family doctor or with Coumadin Clinic
- ◆ 3 days before EGD stop **Pradaxa (Dabigatran)**, **Xarelto (Rivaroxaban)**, or **Savaysa (Edoxaban)**; resume the day after EGD, unless told otherwise.
- ◆ 2 days prior to EGD stop **NSAIDs** or aspirin-like products (Motrin, Aleve, Advil, Naprosyn etc). You can use plain Tylenol for pain, if needed.
- ◆ **If you are diabetic**, please discuss the change in your medications during the preparation for EGD with your doctor.
- ◆ In order to understand your financial obligations, please check with your insurance carrier if “EGD” is a covered benefit.

3 DAYS BEFORE EGD

- ◆ Review and plan dietary needs for the next 2 days
- ◆ Confirm your ride
- ◆ Last chance to cancel or reschedule. If you miss a scheduled EGD without notifying our office 72 hours in advance, you will be charged a NO SHOW fee of 75\$.

◆ IF YOU HAVE ANY QUESTIONS PLEASE CONTACT OUR OFFICE AT 248-625-4055